



TOWN OF SIDNEY

2440 Sidney Avenue, Sidney, British Columbia V8L 1Y7
EOC Information Phone: 250-655-6900
EOC Email: information@sidney.ca Website: www.sidney.ca



Community Response to COVID-19

British Columbia has declared a state of emergency to support the province-wide response to the COVID-19 pandemic. The Town of Sidney is currently operating an Emergency Operations Centre (EOC) to coordinate its response to COVID-19. Visit www.sidney.ca for regular updates. If you have questions or concerns regarding the Town's response, email information@sidney.ca or call the EOC information line at 250-655-6900.

For COVID-19 information:

- ◆ **Provincial COVID-19 information:** 1-888-268-4319 or www.bccdc.ca
- ◆ **Public Health Agency of Canada COVID-19 info:** 1-833-784-4397 or www.canada.ca
- ◆ **HealthLinkBC, if you are experiencing symptoms:** 8-1-1 or www.healthlinkbc.ca
- ◆ **Town of Sidney EOC Information Line:** 250-655-6900 or www.sidney.ca

Additional resources:

- ◆ Council meetings are now being live streamed at www.sidney.ca. Meetings will include a COVID-19 update from the Emergency Coordinator. Residents are encouraged to practice social distancing and watch Council meetings from home.
- ◆ Updates from local businesses (change in hours, services, closures, etc.) can be found at www.sidneybia.ca/sidney-business-operations-updates. If you do not have access to the internet, you can call the EOC information line at 250-655-6900.
- ◆ Beacon Community Services can provide information for seniors and vulnerable residents on psychosocial support, assistance, etc. at 250-656-5537.
- ◆ bc211's Safe Seniors, Strong Communities Program - matches seniors who need support with non-medical essentials, such as picking up groceries/prescriptions, to volunteers in their community who are willing to help. To register for services, or to offer help, register at <http://www.bc211.ca/> or call 2-1-1.

Important measures to protect yourself and others from COVID-19:

- ◆ **If you are experiencing symptoms of COVID-19 (including fever, cough, and difficulty breathing), contact your primary care provider or call 8-1-1. If you are deaf or hard of hearing, call 7-1-1.**
- ◆ **Practice social distancing:** Stay home as much as possible. If you are out in public, keep a distance of 2 meters (6') from other people.
- ◆ **Wash your hands frequently and properly** (at least 20 seconds with soap & water, scrubbing vigorously between the fingers, palms, fingertips and tops of hands).
- ◆ If a sink is not available, use alcohol based hand rubs.
- ◆ Do not touch your face, eyes, nose or mouth.
- ◆ Cover your mouth and nose with a disposable tissue or the crease of your elbow when you sneeze or cough.
- ◆ Regularly clean and disinfect frequently touched surfaces. Please do not flush any paper towels or wipes, even those marketed as "flushable."
- ◆ Do not share food, drinks, utensils, etc.

For regular updates, visit www.sidney.ca